

ELECTROPHYSIOLOGY AND PACING INTERVENTIONALISTS

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VENOUS DUPLEX

You have been scheduled for a Venous Duplex test. Please contact the office between 8:30am and 4:30pm if you have any questions.

1. **Cancellations:** Notify the office twenty-four hours before the day of the test if you have to cancel your test for any reason.

2. **What is a Venous Duplex?** Venous duplex scan is a painless exam that uses sound waves (ultrasound) to capture images of internal views of veins that return blood to the heart. During an upper extremity venous duplex scan, the veins in your neck, shoulders, arms and wrists are viewed. During a lower extremity venous duplex scan, the veins in the legs and ankles are viewed. -An ultrasound gel is placed on the area being examined while a wand-like device called a transducer is passed lightly over the skin over the vein. Internal images of the veins are shown on a screen and recorded as a video. -Venous duplex scans can show blood clots in leg veins and evaluate for abnormal veins causing varicose veins.

3. **What to Expect:** You may be asked to remove some clothing for the test. The sonographer will apply gel to your arms and legs and take pictures of your arteries. The test may take 40 - 60 minutes.

4. **To Prepare:** You may eat and drink before this test. **Lower Extremity study - Please bring or wear loose fitting shorts to change into. If you do not bring shorts you will be provided a drape.**

5. **After the Test:** There are no known side effects to the test. After the test, you may return to your normal activity unless otherwise indicated.

Additional Instructions: