

# ELECTROPHYSIOLOGY AND PACING INTERVENTIONALISTS

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## ADENOSINE MYOCARDIAL PERFUSION STUDY INSTRUCTIONS

You have been scheduled for an Adenosine Test at our Agler Road Office.

Appt Date	Appt Time	Description	Location	Provider
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### Special Instructions:

- Cancellations:** Notify the office twenty-four hours before the day of the test if you have to cancel your test for any reason; failure to do so may result in you being billed a \$100.00 fee for the unused nuclear agents. The medication used for this test is prepared 24 hours prior to the procedure for each individual patient and it is costly.
- Food and Drink:** Do not have any food or drink (with the exception of water) six hours prior to your test.
- Caffeine:** Twenty-four hours prior to your test you may not eat any food, drink any beverages or take any medications that contain caffeine.  
Examples: All forms of coffee and tea (including decaffeinated), All chocolate drinks, All foods containing chocolate, All cola beverages (including sugar-free and decaffeinated), All carbonated beverages.  
Any medication containing caffeine: Examples include Anacin and Excedrin. Please read label ingredients before taking.
- Smoking:** Tobacco in any form should be avoided four hours prior to the test.
- Rest:** Try to get a good nights sleep prior to your procedure.
- Diabetics:** Patients on insulin should take  $\frac{1}{2}$  of normal insulin dose the morning of the test. If the patient is concerned about changing insulin dose, refer patient to discuss the change with the physician who is monitoring their diabetic care for further instruction; oral diabetic medications can be taken as normal. Please bring a light snack.
- Medications:** Please bring all of your medications including inhalers with you to the test. You may take routine medications except Theophylline or Theodur with water.
- Allow approximately 5 hours or more to complete your test. Please bring a light snack with you.
- When you leave for the day, you will be permitted to return to normal activity unless otherwise indicated.

### Additional Instructions:

Please contact the office between 8:30am and 4:30pm if you have any questions.